

LINGO

COURS DE LANGUES
SERVICES D'ÉVALUATION
TRADUCTION / REVISION

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SELF-IMMERSION PROGRAM

- adaptable -

1) BALANCED APPROACH

Select one activity from each skill below for a balanced 'out-of-class' experience.

2) ATTACK YOUR WEAKNESS APPROACH

You may prefer selecting the whole range of activities from one single category to 'attack' your weak point.

READING (visual integration, good for vocabulary building)

Novel - note down all new words found & investigate, then re-read with new knowledge!

Magazine subscription - read for grammar identification (noting tenses, prepositions, etc)

Library - borrow a grammar book (or buy one) and run through all the exercises...

Read *short* articles-advertisements-classified ads-quizzes aloud for pronunciation

WRITING (visual and tactile memory, plus confidence building and sentence logic)

Write about movies - review them (from basic notes to complex reviews...)

Keep a journal by bed - daily notes about life, express thoughts, list goals or tasks, etc

Lists on fridge - shopping, family chores, schedules, goals, mottos, word of the day

Agenda - keep it in English! (appointments, meetings, tasks)

Write texts based on all tenses you have learned (5 sentences per day - *one* tense per day)

LISTENING (auditive memory, communicative skills, comprehension, word recognition)

Join a group or class or go to lectures on subjects of interest

TV- choose a specific series - mimic one of the characters, adopting speed and accent...

Movies - use subtitles to take down vocab & expressions (research them & watch again!)

TV - grammar listening - listen for particular tenses you find hard to understand or pronounce

SPEAKING (communicative skills, contextual memory, pronunciation practice)

BEWARE: only attempt speaking activities and expect results in accordance with your level

Phone projects - research products, info, prices by phone (write a supporting script first!)

In-person experience - visit shops, request information, make purchases, ask the time!

Meet friends - via taking a course on topics of personal interest, invite colleagues for coffee, etc

Participate in unilingual-groups socially - get invitations, join events or groups, invite others

Talk to yourself aloud (in any tense) in the shower, car, while cooking as part of a daily routine